



# International Stuttering Association

*A World that Understands Stuttering*

---

To: Stuttering Community  
From: Keith Boss  
Regarding: February 2014 eNewsflash

---

## Africa

Dieudonne Nsabimana from Kigali in RWANDA is working hard with colleagues in Rwanda to host 3rd African Congress in May. Representatives from 11 African Countries have already confirmed their participation in this Congress. Both Dieudonne's Association and the ISA are looking for funding for the congress and funding for scholarships.

As a reminder of Dieudonne's work

- With permission from The Stuttering Foundation he has translated the book "Sometimes I stutter" into Swahili. He has distributed it to some primary schools and is seeking funding to give it to another 4000 primary schools. (If you can help, please contact me).
- He prepared a very interesting report on Africa for the year 2010. This can be read at <https://www.mnsu.edu/comdis/isad15/papers/rwanda15/nsabimana15.html>  
**Please read it and ask yourself, 'How can I help?'**
- Please read <http://www.rwandastuttering.4t.com/new%20in%20rwanda%20stuttering.html>  
The Rwanda Stuttering Association is trying to protect the rights of PWS, on both sides of the conflict, being tried in Courts.
- Please read <http://thestutteringbrain.blogspot.com/2013/10/a-letter-from-africa.html?m=1>  
Jerry Maguire (Vice Chair ISA) and I are very interested to see if the ISA can help Dieudonne in this project.
- He is trying to establish a center, called "AFRICA STUTTERING RESEARCH CENTRE."

Please send donations for the 3rd African Congress to the ISA. Our treasurer Harry Dhillon [hsdhillon100@hotmail.com](mailto:hsdhillon100@hotmail.com) can provide Bank details if you wish to make a bank transfer and an address if you wish to donate any other way.

---

# ISA Business

All ISA projects (see <http://www.isastutter.org/wp-content/uploads/2013/08/Committees-and-Projects.pdf>) will benefit from more people with diverse experience, some projects need more people. Please let me know where you would like to help the ISA during the next 3 years.

We still need a new ISA Secretary. This person must be an ISA Director. There is a solution which will be used at the next Board Meeting this month if no one volunteered.

---

## Stuttering Therapies

I did a quick search of some Associations' websites. I entered 'Therapies' in their website search engines. I did not see a list of possible therapies and a little about each. (Would National Associations please contact me if their website contains such information). I wondered about how members of Associations were supposed to find out what was on offer and possible (even if not proven) efficacy of the treatments. There is guidance on therapists, but having selected a therapist your member is confined to their expertise. How does your member know the chosen specialist keeps up to date and researches all new ideas?

Over the next several months I will include articles about Stuttering Therapy. Although I want one article on each of CBT (Cognitive Behavioral Therapy) FS (Fluency Shaping) SM (Stuttering Modification) and Easy Onset, I also want articles from Therapists who have devised stuttering therapies which do not include these four main strategies. I already have articles lined up for March, April and May. I hope you will find these interesting.

I would like to hear from Therapists from all around the world who use alternative therapies (not one of the main four listed above). I would like an article from you about your treatment of people who stutter. I believe for example that the Japanese Self Help Groups look into the benefits of Assertiveness Training, Gestalt Therapy, Psychodrama, Transactional Analysis, Rational Emotive Behavioural Therapy. I know of the use of ACT and an adapted Mindfulness Therapy.

**Could I have volunteers to write an article on one of the above or on any other therapy out there being used with success?** If so, please contact me so that I can include your article from June onwards.

Would PWS contact me with details of an alternative therapy which worked for them.

---

## Prison population around the world

From various discussion I have had I think the treatment of stuttering (or any Speech Language and Communication Need) in the prison population is a rarity. I believe this is true for both Adult and Youth (10 to 18 years of age). If we can help more youth then re-offending rates can be reduced.

**If you work in prisons, or know other therapists who do, please will you write an article about what you do in what part of the world and contact me.**

I will include these articles in future e-newsflashes. When we have some information we can plan a suitable response.

---

My best wishes to you all.

Keith

Keith Boss (Chair International Stuttering Association (ISA))

Didn't get your own copy of this eNewflash? [Subscribe here!](#)