

To: Stuttering Family
From: Michael Sugarman,MSW
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"One of the hardest things in Life is having words in your heart that can't utter"
James Earl Jones

One of the best things in life is helping others to help themselves.

Wishing everyone a safe and happy holidays---Also, I wish everyone to share your feelings with --- your spouse, children, pets and friends.

Warmly,

Michael

Please remember Keith needs articles from you for the next One Voice. Articles should be sent before 31st December.

Details of your ISAD activities, or general activities or other things you wish to share.