



International Stuttering Association

A World that Understands Stuttering

To: Stuttering Community
From: Keith Boss
Regarding: May 2014 eNewsflash

Africa

No change, we will provide an update about the African Congress as soon as we have more information.

ISA Business

Moving ISA Bank accounts. Discussions are taking place. Work in hand.

Outreach committee and the 5 sub committees. Discussions are taking place. Work in hand.

Fund raising sub committee. Discussions are taking place. Work in hand.

World Congress 2016. Discussions are taking place. Work in hand.

If any of our readers are interested in any of the above and want to ask questions or join in the committee work, or,

If any of you have a few spare hours a month; can represent their Association and would like to work Internationally on the Board of the ISA, then please contact me.

One candidate from Uganda has volunteered. The Board is discussing his request.

Stuttering Therapies

(Please note. The ISA is presenting this information for review and consideration only. The ISA does not recommend any specific therapy for any person who stutters)

Our presenter this month is Kevin (Kevin A Eldridge, PhD, CCC-SLP) of the Logue Academy.

Kevin and his business partner have been able to provide a synopsis of their work and hope to send a fuller description for the July e-newsflash. If you like this, be sure to get your copy in July.

Our personal and professional experience demonstrates that addressing “communication apprehension” using a Solution Focused Brief Therapy approach is the key to a successful therapeutic outcome for the individual who stutters, and their listeners. Research suggests that people who stutter have a speech mechanism that is not as robust as a normally fluent speaker. However, most people who stutter have naturally flowing speech in some situations. By helping the person who stutters discover what they are already doing that results in natural speech, they can begin to do more of what already works.

The tension-related speech behaviors that people call stuttering are based primarily in the fear of stuttering, the fear of speaking and the fear of interacting. If an individual is trying to hide the fact that they stutter or are afraid of what might happen when they stutter, and are afraid to speak, they will be unable to release the natural speech they possess.

Our approach does not focus on stopping or controlling stuttering. This is not the goal, nor should it be. Most of us have gone down that path and been disappointed. You have a voice, a voice others should hear. Our goal is to help you share it without fear.

Please remember, I would like to hear from Therapists from all around the world who use alternative therapies (outside the conventional box). I would like an article from you about your treatment of people who stutter. I believe for example that the Japanese Self Help Groups look into the benefits of Assertiveness Training, Gestalt Therapy, Psychodrama, Transactional Analysis, Rational Emotive Behavioural Therapy. I know of the use of ACT and an adapted Mindfulness Therapy.

Could I have volunteers to write an article on one of the above or on any other therapy out there being used with success? If so, please contact me so that I can include your article from June onwards.

Would PWS contact me with details of an alternative therapy which worked for them.

Keith

Prison population around the world

Stuttering children and youths in our Justice systems need help. Stuttering Adults (especially if covert, masking the stutter under dyslexia or some other communication problem) need help. Are you involved in this work? Can you share your experiences? Can you write an article? I will include these articles in future e-newsflashes. When we have some information we can plan a suitable coordinated response.

My best wishes to you all.

Keith

Keith Boss (Chair International Stuttering Association (ISA))

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